

Other frequently asked questions!

What should I wear to Class?

Comfortable clothing such as dance pants, fitted track pants, leggings, shorts, fitted t-shirts, tank tops, leotards, flat ballet shoes, jazz shoes, jiffies, socks. If you have something to tie around your hips, bring that along too. (Please don't wear jeans, dresses, or skirts). Our teachers need to be able to see what you are doing to ensure correct technique.

Classes are open to women, men and children over the age 12. Age is no limit. Please ensure that you bring something to drink.

How do I enroll?

Contact Amera's Palace by telephone or email and we will assist you in choosing a class suitable for you. Classes are run in terms and pre-paid bookings are essential. There may be some casual spots available, however, you do have to call or email each week to ensure yourself a place in a class and to check if there are spots available.

Our Policy

There are no refunds on Class Passes under any circumstances.

Final note

Please be on time to class. Not only is it a courtesy for your fellow classmates and your teacher, it also means that you can warm up. Preparing the body (warming up) is crucial to minimise the risk of injury, so please do your best to be on time. Ring ahead if you think you may be late.

Some classes run back to back, we will endeavour however, to give you your full hour or class time as advertised.

** All classes at Newtown are subject to a minimum of 5 students. If a Class is smaller than this it may be cancelled. Amera's Palace reserves the right to change or alter classes.*

Teachers will be nominated at the beginning of each Term; however Amera's Palace reserves the right to change Teachers.

*** Precautions: If you are pregnant or have any physical challenges please ask your doctors/obstetrician's advice before enrolling in this course or any other courses in our timetable***

أميرة بالاس
Ameras Palace



2009 Timetable of Classes

TIME	CLASS
MONDAY	
5.45 - 6.45pm	Belly Dance (Beg)
6.45 - 7.45pm	Belly Dance (B.Beg)
7.45 - 8.45pm	Belly Dance (Intermediate)
TUESDAY	
6 - 7pm	Belly Dance (Beg)
7 - 8pm	Belly Dance (B.Beg)
8 - 9pm	Tribal Style Belly Dance
WEDNESDAY	
6.15 - 7.15pm	Belly Dance (Beg)
7.15 - 8.15pm	Intro. to Egyptian Folkloric
8.15 - 9.15pm	Folkloric/performance Class
THURSDAY	
6 - 7pm	Belly Dance (B Beg)
7 - 8pm	Belly Dance (Beg)
FRIDAY	
7 - 8pm	Belly Beyond Beg
SATURDAY	
9.45 - 10.45am	Belly Dance (Beg)
10.45 - 11.45am	Belly Dance (BB/Int)
12 - 1pm	Belly Dance (Advanced)
1 - 2pm	Belly Dance (Troupe)
4 - 7pm	Hens Harem Parties (By Appt.)
SUNDAY	
11 - 12pm	Belly dance (Beg)
12 - 1pm	Belly Dance (B.Beg)

www.ameraspalace.com.au

BELLY DANCE

أميرة بالاس
Ameras Palace
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NEWTOWN!

AMERAS PALACE SCHOOL
OF MIDDLE EASTERN
PERFORMING ARTS
(02) 9519 4793

85 ENMORE RD,
NEWTOWN, SYDNEY 2042

FOR ENQUIRIES AND ENROLMENTS PLEASE CALL AMERAS PALACE on 9519 4793

The Centre for Middle Eastern Performing Arts at Amera's Palace in Newtown has classes for everyone!

2009 is a New Year and we have more than just Belly dance! We now offer Day and Night Classes in Belly, Tribal Belly, Bollywood, Tango, Smooth & Slinky Belly Classes, Kids Classes, Street Belly, Teenage Classes and more.

If you have an enquiry regarding our classes, please email us at shop@ameraspalace.com.au or by phone 9519 4793

Amera's Palace Class Timetable for 2009

TERM 1:

10 week term 1 - starts Monday 2. 02. 09 till 6.04.09
(Saturday is 9 weeks as the Easter weekend is the 10.4.09 -12.4.09)

TERM 2:

10 week term commencing Monday 27.4.09

TERM 3:

10 week term commencing Monday 27.07.09

TERM 4:

9 week term commencing Monday 19.10.09

CLASS PASSES AVAILABLE ONLINE at
www.ameraspalace.com.au OR BY PHONE 9519 4793

Why Choose Amera's Palace?

Our centre is the leader in Dance and Movement because we:

- Teach all styles of Middle Eastern Dance and beyond
- Have been in the Belly Dance Business since 1987 and were the first outlet for Belly Dance in the Southern Hemisphere!
- Have some of the most experienced teachers in Sydney
- Cater for all levels of experience
- Offer day and evening classes

Class Price Pass Structure

Gold Class Pass - 40 class pass \$620, plus one BONUS private 40 minute lesson with Amera, or a teacher of equivalent experience

Silver Class Pass - 20 class pass \$320, plus 2 BONUS classes in another style

Pink Class Pass - 10 class pass \$165, plus a free Amera's Palace Gift (available at end of Term)

White Class Pass - 5 Class Pass \$85

Casual - \$19.50 per class

Conditions of Use of Passes

- A Pink 10 week Class Pass is \$165 for 10 classes at Newtown, that's one class per week, (valid for the 10-week term only) The Pass also entitles you to a Free Gift at the end of Term.
- The 10 week Class Pass and 5 week Class Passes are only for use in the term, style and level in which they are purchased. If you miss a class and wish to make up with another class you must call or email the shop to check availability first. Please do not just turn up as our classes are usually full.
- Purchasers of the Silver and Gold Passes must nominate which class they will be undertaking at the beginning of each term, and remain in that class for the duration of the term.
- Class passes are valid only for the term you have enrolled in. They cannot be used for any other term unless you have medical documents stating why you have not been able to attend class during the term. If you miss a class during the term you may participate in a makeup class during that term however, you must ring ahead to check if there are any places available in your chosen class.
- Class Passes can only be used on dates mentioned on the Pass. They can only be used at the venue of Purchase.
- Private classes are available and are by appointment only. POA
- Don't forget to ask about performance opportunities!

What will I learn in Class?

Classes are designed to be technically, physically, mentally and creatively challenging but fun of course! By the end of a 10 week term you will have been taught various Belly Dance techniques and how to listen and move to the music. In the more advanced classes, you will learn how to use props such as zills (finger cymbals), veil and stick.

In the Beginners Classes you will be taught basic technique, basic travelling steps, how to turn, basic interpretation of the music and some basic choreographies.

In the Beyond Beginners Classes you will be taught how to layer and refine your movements, more travelling steps, how to use certain props, music interpretation, improvisation and more challenging choreographies.

In the Intermediate Classes you are expected to have almost perfect technique. You will learn harder choreographies, use props, music interpretation and improvisation.

The Advanced Class is designed for students that have experienced all the above and would like to be challenged. If you are uncertain whether you should move up to Advanced, please check with your teacher.

In the Egyptian Folkloric Class you will be introduced to the styles of the Egyptian Regional Dances.

In the Egyptian Folkloric Performance Class you will be able to perform at this Year's Middle Eastern Dance Festival!

MICHELLE JOYCE
WORKSHOPS JULY 2009

VENUE & BOOKINGS

COST: \$115 per Workshop

WHERE:

AMERA'S PALACE
85 ENMORE ROAD, NEWTOWN

WHEN :

MON 20TH JULY 2009
TUES 21ST JULY 2009
WED 22ND JULY 2009

Name: _____

Address: _____

Postcode: _____

Email: _____

Daytime Phone: _____

WORKSHOP 20/7/2009: **WORKSHOP 21/7/2009:**

WORKSHOP 22/7/2009: **TOTAL: \$** _____

Paying by: CHEQUE

(Make payable to Amera's Palace) OR

VISA: **MASTERCARD:** **BANKCARD:**

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Signature: _____

Send to: AMERA'S PALACE, PO BOX 830,
NEWTOWN 2042 or fax on (02) 9519 3969 or ph 9519 4793
www.ameraspalace.com.au